

OUR MOST READ RESOURCES IN 2022

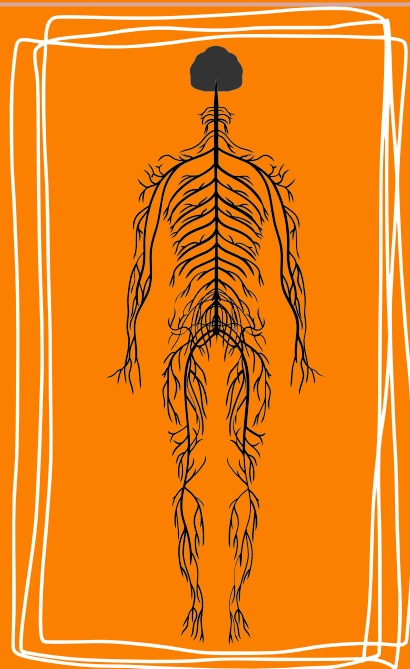


WHAT IS A SPOONIE?

A chronic or persistent health condition presents daily challenges for patients, many of whom may have an invisible disease. [This article](#) explains how spoons symbolize a patient's energy reserves and how the term became synonymous with chronic disease.

UNDERSTANDING DYSAUTONOMIA

A deep dive into what the condition is and what to expect when diagnosed with this nervous system disorder. [The article](#) also explains symptom management, provides a glossary of essential terms, and shares patient experiences.



NON-EMERGENCY MEDICAL TRANSPORTATION

A valuable resource for non-emergency medical transportation (NEMT), [this article](#) lists NEMT options for patient and caregivers. You can also reach out to [Patients Rising Concierge](#) for personalized assistance with your transportation needs.

LETTER OF MEDICAL NECESSITY

When insurance denies your claim or coverage, the [letter of medical necessity](#) can be a potent tool to reverse the situation. While a patient can write it, your physician needs to endorse and sign-off on it. Find out what must-haves are needed in the letter.



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EDUCATION, AND ADVOCACY NEEDS,
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